



भारत सरकार  
 स्वास्थ्य एवं परिवार कल्याण मंत्रालय  
 निर्माण भवन, नई दिल्ली - 110011  
**Government of India**  
**Ministry of Health & Family Welfare**  
**Nirman Bhavan, New Delhi - 110011**

**ARUN SINGHAL**  
 Special Secretary  
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सचिव / Secretary  
 सत्यमेव जयते  
 FTS No. 703350  
 09 MAR 2020  
 उच्च शिक्षा विभाग / D/o Higher Edn.

D.O. No. U-12019/12/2020-SNA  
 Dated the 5 March, 2020

Dear Sir,

As you are aware the Novel CoronaVirus Disease (COVID-19) has now spread to more than 76 countries causing close to 93000 cases and more than 3200 deaths worldwide. The World Health Organization (WHO) on 30<sup>th</sup> January, 2020 declared this outbreak as a Public Health Emergency of International Concern (PHEIC). Though, WHO has not yet declared it to be a pandemic, it has advised countries to remain prepared for one.

Several confirmed cases have also been detected in India. Although, we are taking all steps necessary to prevent further importation of such cases and to also prevent local transmission of this disease in India, it will be prudent to raise community awareness about common signs and symptoms of this disease and advocate simple public health measures, the community may undertake to prevent infection.

Towards this end, this Ministry is in the process of disseminating pertinent information to the community through all channels of communication and from all possible vantage points. We have designed posters & Audio Video products towards this end, some of which are being sent along with this letter. Soft copies of these are available on Ministry's website (<https://mohfw.gov.in/node/4904>). You are requested to widely disseminate the same.

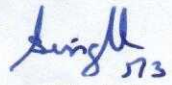
You are requested to direct your officers to disseminate the Dos and Don'ts of COVID-19 to all educational institutions under your Ministry to sensitise students. These can be both displayed and shared with students in schools and at higher education levels. The softcopies of these can also be shared with the teachers to circulate among the WhatsApp groups of their classes and PTAs.

To pre-empt any further risk of spread of COVID-19, I urge you to personally monitor that mechanisms are in place for successful dissemination of these messages to the maximum number of people in your State/UT.

9/3

AS(T)  
 JS (HE)  
 JS (Inst.)  
 ADG

With regards,

Yours sincerely  
  
 (Arun Singhal)

DR (HT/INT)  
 D/o HE  
 DS (LT)  
 9/3/2020  
 S.O. (S-I)  
 7.3.2020

**Shri Amit Khare**  
 Secretary,  
 M/o Human Resource Development,  
 D/o Higher Education & School Education & Literacy Shastri Bhawan  
 New Delhi  
 Email: secy.dhe@nic.in





— खुद रहें सुरक्षित, दूसरों को रखें सुरक्षित —

क्या करें और क्या ना करें

क्या करें ✓



बार-बार हाथ धोएं। जब आपके हाथ स्पष्ट रूप से गंदे न हों, तब भी अपने हाथों को अल्कोहल - आधारित हैंड वॉश या साबुन और पानी से साफ करें



छींकते और खांसते समय, अपना मुंह व नाक टिशू/रूमाल से ढकें



प्रयोग के तुरंत बाद टिशू को किसी बंद डिब्बे में फेंक दें



अगर आपको बुखार, खांसी और सांस लेने में कठिनाई है तो डॉक्टर से संपर्क करें। डॉक्टर से मिलने के दौरान अपने मुंह और नाक को ढंकने के लिए मास्क/कपड़े का प्रयोग करें



अगर आप में कोरोना वायरस के लक्षण हैं, तो कृपया राज्य हेल्पलाइन नंबर या स्वास्थ्य मंत्रालय की 24X7 हेल्पलाइन नंबर 011-23978046 पर कॉल करें



श्रीउ-भाड़ वाली जगहों पर जाने से बचें



यदि आपको खांसी और बुखार का अनुभव हो रहा हो, तो किसी के साथ संपर्क में ना आएं



अपनी आंख, नाक या मुंह को ना छूयें



सार्वजनिक स्थानों पर ना खूके

हम सब साथ मिलकर कोरोनावायरस से लड़ सकते हैं

अधिक जानकारी के लिए  
स्वास्थ्य एवं परिवार कल्याण मंत्रालय भारत सरकार के 24X7 हेल्पलाइन नं.  
+91-11-2397 8046 पर कॉल करें या  
ई-मेल करें [ncov2019@gmail.com](mailto:ncov2019@gmail.com)





Protect yourself and others!  
Follow these Do's and Don'ts

Do's ✓



Practice frequent hand washing. Wash hands with soap and water or use alcohol based hand rub. Wash hands even if they are visibly clean



Cover your nose and mouth with handkerchief/tissue while sneezing and coughing



Throw used tissues into closed bins immediately after use



See a doctor if you feel unwell (fever, difficult breathing and cough). While visiting doctor wear a mask/cloth to cover your mouth and nose



If you have these signs/symptoms please call State helpline number or Ministry of Health & Family Welfare's 24X7 helpline at 011-23978046



Avoid participating in large gatherings



Have a close contact with anyone, if you're experiencing cough and fever



Touch your eyes, nose and mouth



Don'ts ✗

Spit in public

Together we can fight Coronavirus

For further information :  
Call at Ministry of Health, Govt. of India's 24X7 control room number  
+91-11-2397 8046  
Email at [ncov2019@gmail.com](mailto:ncov2019@gmail.com)

COVID-19/02/130021/1920